



Child Care Council of Orange County Highlights

May 2017

40 Matthews Street, Suite 103, Goshen, NY 10924

(845) 294-4012 or 1-844-461-4689

fax: (845)294-4045



Providers! Please print or email this newsletter to the parents in your program!



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Hours: 8:30AM – 4:30PM

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Fidget Spinners, the Hit Toy that Spun Out of Nowhere

Associated Press reporters Terrance Harris in FL., Mike Householder, Mi., and Joseph Frederick , NY.

This article has been edited for size, the article in its entirety can be found here: <https://www.yahoo.com/>

The mania is about fidget spinners, the 3-inch twirling gadgets taking over classrooms and cubicles. They're more easily found at gas stations or 7-Eleven than at big toy chains. Fidget spinners have been around for years, mostly used by kids with autism or attention disorders to help them concentrate but they exploded in popularity this spring.

Shannon Rowell, a sixth-grade special education teacher, says that after a weeklong break more than half of her 25 students suddenly had one. "They seem to be taking over classrooms," says Rowell. Recent You Tube videos of people spinning them on their noses, foreheads and shoes also helped.

Toys R Us flew spinners from China rather than wait for ship transport. It says Rubik's Cubes, yo-yos and other toys to occupy restless hands have been hot sellers since the beginning of the year.

Despite being marketed as a concentration aid, some teachers say fidget spinners have become a distraction. Rowell says students twirled them too fast, banged them against desks or tried to whirl them on top of each other. She lets students bring them into the classroom, but only if they spin them under their desks and follow the rules she hung on the wall: "YOU MUST BE LOOKING AT THE TEACHER," "YOU MUST BE LOOKING AT YOUR WORK" and "YOU MUST BE DISCREET."

Some schools have banned them. A middle school in New Jersey wrote that spinners needed to stay in backpacks because they were a distraction. An elementary school in New York told parents to keep the gadgets at home because they were twirling into children's faces.





Council Happenings



Week of the Young Child Celebrations!

The child care children from Blueberry Daycare in Middletown celebrated the *Week of the Young Child* by learning about Spring at their neighborhood park. The children participated in an art lesson and expressed their creativity by coloring the lovely park scenery.





Recipe Corner



10 American Foods That Are Banned in Other Countries

<http://www.mercola.com/>

Many foods sold in the US are banned in other countries due to harmful additives, growth promoters, genetically engineered ingredients or other dangerous practices. This includes farm-raised salmon, Hawaiian (GMO) papaya, artificial food dyes, arsenic-laced chicken, ractopamine-tainted meat, bromate-containing drinks and bread, olestra, carcinogenic preservatives, and rBGH-laced milk.

To avoid potentially hazardous foods and harmful ingredients permitted in the US food supply, ditching processed foods entirely is your best option.

Also swap out your regular meat sources to organic, grass-fed/pasture-raised versions of beef and poultry. The same goes for dairy products and animal by-products such as eggs.

Follow the link to a sideshow about these foods: <http://articles.mercola.com/>

Parmesan Cheese Straws

<http://www.parenting.com>

Small scattering of flour

1 8 1/2-ounce sheet whole grain puff pastry, defrosted

1 large egg yolk, beaten with 1 tablespoon water

1/3 cup grated Parmesan cheese

1 teaspoon paprika or garlic (optional)

Preheat 400°F.

Cover two baking sheets with parchment paper, set aside.

On a floured surface, unfold pastry. Flour the side facing you and use a rolling pin to roll it to a 12-inch square.

Brush the puff with egg mixture. Sprinkle the cheese and paprika evenly over the puff. Press the toppings gently

but firmly into the puff. Slice the puff into twenty-four 1/2-inch strips.

Divide the strips between the prepared baking sheets, seasoned side up. Twist the strips twice, clockwise at the top and counterclockwise at the bottom, so that you've got one long spiral. Put the sheets in the oven and cook until the twists have puffed and are golden brown about 18 minutes.



Healthy Reading for Kids

Great Healthy Reading for Kids from PBS

<http://www.pbs.org/parents/food-and-fitness/sport-and-fitness/healthy-reading-for-kids/#FirstGrader>

As parents and caregivers, we do our best to raise healthy and fit children. Some of us follow specific guidelines. Some of us make it happen in a casual way. No matter which group you fall into, there's something else that can help our kids get the message: a book.

Young readers have many options for books relating to fitness and good nutrition. Many of them are lighthearted and humorous which can go a long way in capturing a child's interest. What toddler wouldn't enjoy hearing about a dog using a hula hoop? If your kindergartner wants to learn yoga, how about getting tips from Babar the Elephant? Slightly older kids may be amazed to learn how monsters make good food choices.

When looking for some "healthy" books for your child, check out the recommendations below. Regardless of which ones you choose, they'll help reinforce the positive measures you've already implemented at home.

Select an age by clicking on a link below:

- [Toddler](#)
- [Preschooler](#)
- [Kindergartner](#)
- [First Grader](#)
- [Second Grader](#)
- [Third Grader](#)





Active Kids Corner



Drip, Drip, SPLASH!

<http://www.ultimatecampresource.com/>

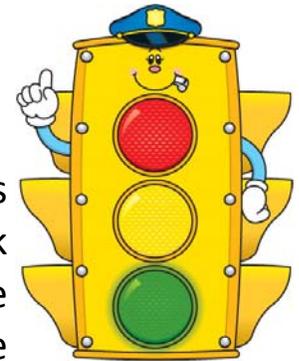
You will need a small, soft plastic Dixie size cup and water. Just like the traditional Duck, Duck, Goose, everyone sits in a circle and the person who is "it" walks around the circle saying "Drip, drip, drip... Splash!" Each time they say "drip" they dip their hand in the cup and drip some water onto person's head. When splash comes around, they yell "splash" and dump the whole cup of water on the chosen person's head. Then that person chases the person around the circle and back to their spot. If you get caught, you refill the cup; if not, then the next person does and the game continues.

Simple Outdoor Games from your Childhood!

<https://www.wired.com>

Red Light, Green Light, One, Two, Three!"

One person is the traffic light at one end and the other players are at the other end. The traffic light then turns his or her back and says, "Red light, Green light, one, two, three!" while the group tries to get as close to the traffic light as possible. The traffic light turns around quickly, again saying, "Red light!", and if anyone is spotted moving, they have to go back to the starting place. The first person to tag the traffic light wins and gets to be the next traffic light.



To Celebrate Fathers Day: Father, May I?

<https://www.wired.com>



This game is set up in the same way as Red Light Green Light. One person in the group asks the person in the front, "Father, may I take <insert number> steps forward?" The person at the front then says, "Yes, you may" or "No, you may not." You can vary your requests by including options such as taking baby steps, spinning steps, leaps or whatever strikes your fancy. Again, the first person to tag the person in the front wins and is the next person in the front.



Craft Corner



Fun Father's Day Photo Card

<http://thechirpingmoms.com>

Photo of child with outstretched arm

Scissors

Glue

Cardstock paper

Trophy stickers (optional)

Markers



Two versions:

Version one: use gold trophy stickers or template below

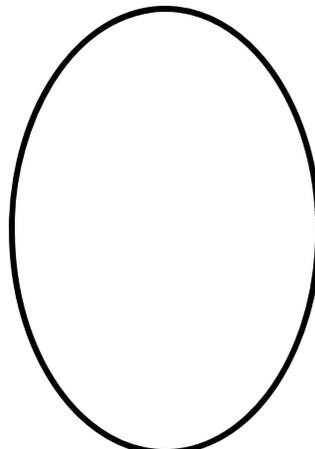
Version two: have children draw something Dad would like

Have the children write a message to their dad.



My Dad
is my
best
Buddy.

This Award is Presented to:



My Dad

**For Being
the World's Best
Dad!**

Signature

Date



News



36 Dr. Seuss Quotes That Can Change the World

<http://brightdrops.com/dr-seuss-quotes>

25. "Only you can control your future."
26. "Step with care and great tact, and remember that life's a great balancing act."
27. "Today you are you, that is truer than true. There is no one alive who is youer than you."
28. "Everything stinks till it's finished."
29. "You're in pretty good shape for the shape you are in."

Quality Awareness

Let's increase quality awareness in New York! The Early Care & Learning Council and the Child Care Resource & Referral network has launched a new campaign, United to Promote Quality, to encourage New Yorkers to support high quality early learning experiences in their communities. Child Care Council of Orange County Inc. has joined the statewide campaign, whose goal is to get communities interested in high quality early learning experiences. Get involved in Orange by contacting our agency or visiting the campaign <http://bit.ly/QIC-NY>.

Attention Parents!

The Council is seeking parents interested in forming a Parent Support Group. Our goal is to give parents a place to discuss issues they are facing in child care and discuss solutions. Contact us at 294-4012 x224 or 225.

Free Training for Parents

Parents are invited free of charge to Council featured trainings for child care providers. Parents need to call and sign up for the workshops they would like to attend. CPR/FA, CDA, Health and Safety and MAT are excluded from this offer.

News

Training Calendar

Please see our calendar for exciting offerings this quarter! Offered to new and seasoned child care providers in all modalities! You will find descriptions and goals for each training. What topics and training hours that you can receive. Trainings listed meet hours for CDA and SACC credential. Sign up today through our online training registration, visit our website for the training calendar.

CPR, First Aid &

AED

6/10/17

8/5/17

Time 9:00-5:00

Janet Baker
Carmen Rigaud,
Certified
American Red
Cross Instructors

\$85 non-members,

\$75 members

CACFP

CACFP, Child and Adult Care Food Program is a program that provides reimbursement for meals and snacks served in all day care settings. This program promotes the health and well-being of infants, children up to 18, and adults in child care, by ensuring that providers serve wholesome and safely prepared meals and snacks.

Free Orientation/Technical Assistance for Pending Providers

We provide support for people and organizations interested in starting Family Day Care programs and School Age Child Care in their communities. Day Care Orientation is every 3rd Tues call to register.

Family Orientation: 10am - 11:30am

SACC Orientation: 11am - 12:30 pm

Call: (845)294-4012 to register or if you have questions about the application. To view the webinar and receive an application click go to the OCFS website.

Providers needing help finding information for the Nutrition Regulation

414.12 (u)
416.12 (ah)
417.12 (ah)
418-1.12 (u)
418-2.12 (ah)

The program/ center must share information on healthy food and beverage choices and the prevention of childhood obesity with the parent.

Click here <https://www.choosemyplate.gov> for more information